



PARENTS PLUS

Adolescent Programme

An evidence-based parenting course promoting effective communication and positive relationships in families with adolescents aged 11 to 16 years.



An Adolescent Parenting (**evening**) Programme
will be taking place from
Tuesday 26th February to Tuesday 9th April 2019

It will take place in Clarecare, Harmony Row, Ennis
from 7pm to 9.30pm

For more information or to reserve your place, please contact:
Michelle Barnes (065) 64 94246 or e-mail: parentingsupport@clarecare.ie